



The Shoals Lunch



STARTERS

- NOTRE FAMEUX *STEAMED LOCAL MUSSELS OR CLAMS(Choose one)in.....** 9.75
chardonnay herb-tomato cream broth with garlic and leeks.....
- MIXED GREEN SALAD** *cucumber, tomato, and carrots, and choice of house dressings...* 5.75
- CAESAR SALAD** *romaine greens with parmesan and croutons.....* 5.75
- SOUP OF THE DAY.....** 5.50

ENTREE SALADS

Fresh french bread and butter served with hot entrees and salads only.

- NOTRE FAMEUX *SAUTEED ROCK SHRIMP AND SCALLOPS OVER SPINACH SALAD.....** 12.50
with lemon-basil dressing, toasted pinenuts, and aged jack cheese.
- COBB SALAD** *ham, smoked chicken, egg, avocado & bacon tossed with mixed.....* 10.00
greens in a blue cheese dressing.
- SHOALS TROPICAL FRUIT SALAD,** *water melon, grilled peach or mango, and berries,.....* 9.00
roasted almond with honey-yogurt dressing.
- SHOALS CAESAR SALAD** *with grilled prawns and parmesan toast.....* 11.95
- GRILLED VEGETABLE SALAD** *tossed with mixed greens, maytag bleu.....* 9.75
cheese, and toasted walnuts in a sherry vinaigrette.
- MANGO CHICKEN SALAD** *with apple, walnuts, raisins, celery, red onion, red pepper.....* 11.50
and mustard with mixed greens and orange sesame dressing.



SANDWICHES

Choice of mixed green salad or french fries.



- OUR FAMOUS *SHOALS BURGER** *fresh ground beef topped with vermont* 11.00
cheddar, grilled onions lettuce and tomato served with our homemade garlic.....
- GARDEN BURGER** *with avocado, red onion, baby sprouts, tomato and lettuce.....* 10.00
served with garlic mayo.
- CLIFF HOUSE CLUB** *triple deck of smoked turkey, bacon, lettuce and tomato on.....* 11.00
multi-grain bread.
- GRILLED CHICKEN SANDWICH** *citrus and garlic marinated grilled breast on sesame.....* 10.00
bun with jack cheese and pineapple-mango salsa.

ENTREES

- HUMM...*POACHED SALMON FILET** *with fresh steamed artichoke hearts, tomatoes.....* 13.25
lemon & fresh dill.
- SEAFOOD CIOPPINO** *a rich tomato-garlic-saffron stew with local mussels, clams.....* 14.95
shrimp and scallops topped with garlic toast.
- TAHITIAN SHRIMP** *grilled tiger shrimp in fresh mint, honey & olive oil, garnish with...* 13.50
mango or cantaloupe.
- CHEESE ENCHILADAS** *with black beans and spanish rice* \$9.00 *with chicken.....* 12.50
- MUSHROOM A LA MODE** *mushrooms & red rose potatoes, tomato, red* 9.95
bell pepper, feta cheese, olives & dijon vinaigrette.



Cakefees: Lunch \$3.25 Dinner \$4.25 ♦ Split fees: Lunch \$3.25 Dinner \$6.25

Lunch served Monday through Saturday 11:30 a.m to 2:30 p.m

Sunday Brunch: 10:30 to 2:30 p.m ♦ Dinner nightly from 5 p.m.

20% gratuity for parties of 10 or more

See us on the web for menus, specials and more: www.cliffhouseinn.com

